





Untangling water-energy-food systems at local level – The case of CitySelfy project

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THE WATER-ENERGY-FOOD NEXUS: BUILDING RESILIENCE TO GLOBAL CHALLENGES





CitySelfy



Context and challenges

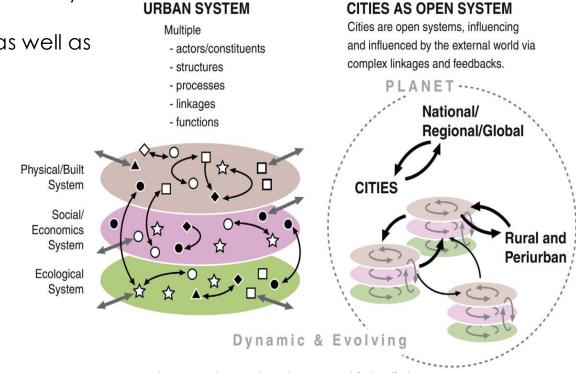
Water, energy and food are **essential for human well-being and sustainable development**, and their availability and production are highly **interconnected**.

- Water is used along the entire food supply chain, but predominately at production and consumption phase.

- Energy is required to produce, transport and distribute food as well as to extract, collect, transport and treat water.

WEF nexus debate has emphasized the importance of better understanding the interconnected resource systems and the need for **integrated management** paradigms

Innovative approaches and modelling tools are necessary to support city planning and compliance with climate change mitigation goals.



Urban system structure and interlinkages

(source: (Bai, Xuemei, Richard J. Dawson, Diana Ürge-Vorsatz, Gian C. Delgado, Aliyu Salisu Barau, Shobhakar Dhakal, David Dodman, et al. 2018. "Six Research Priorities for Cities and Climate Change." *Nature*. Nature Publishing Group. https://doi.org/10.1038/d41586-018-02409-z.

Research objetives

Alternative future pathways, corresponding to different levels of resources self-sufficiency, of climate mitigation, and other scenarios, will be assessed in terms of its impact in the sustainability.



TIMES modelling tool to provide WEF resources dynamic integrated assessment.

Essential insights on the relation between self-sufficiency and sustainability at

210 361 inhabitants

the local scale

Cascais energy strategy is under development and aligned with national level targets, namely the 2030 National Energy and Climate Plan (NECP).

Cascais has developed carbon neutrality roadmap.

Located in a region with **high vulnerability to climate change related impacts**.



Methods and tools

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CitySelfy project was developed using an interdisciplinary framework combining technical-economic modelling with social dimensions.

The TIMES_CityWEF model was created to simulate medium- and long-term scenarios for optimizing local Water-Energy-Food (WEF) resources. - model emphasizes both technology adoption and behavioral changes in consumption patterns.

Socio-economic data was collected through:

- A survey of over 600 residents
- Targeted interviews
- Stakeholder Workshops
- Focus groups with local stakeholders

This data supported:

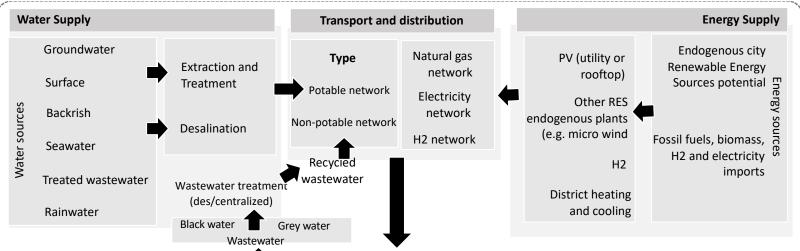
- The characterization of WEF system components
- The development of scenarios to evaluate cost-effectiveness and sustainability of pathways to climate neutrality by 2050

Scenario narratives incorporated:

- Socio-environmental preferences
- Technological acceptance by the community

TIMES_CityWE model overview water and energy supply, transport and demand





Demand

End-use Sectors

- Road: Private vehicles, motos, light urban and bus - interurban; Train;

Municipality buildings

housing | Technical support building | Sport | Others

Households

Transport

Energy services

Space heating Space cooling Water heating

Cooking Dish washing Clothes washing

Clothes Drying Lighting Other electric

municipality regions

Passenger and freights mobility to each

Water services

Shower Taps

Water and energy

Toilet Cooking Dish washing

Clothes washing House washing Vehicle washing Swimming pool Garden watering

Commercial and municipality buildings

Energy services

Space heating Space cooling Water heating Cooking Lighting

Other electric

Specific equipment (health equipment's) Swimming pools Irrigation Sanitary

Water services

Cooking

Cloths Washing Other uses

Industry and Agriculture

Generic energy and water demand

Municipal solid waste

Generic energy consumption for collection and treatment

Outcomes for future scenarios

Optimal technological mix (supply and demand side):

Capacity Investment and O&M costs End-use technologies

Energy flows and prices

Electricity **Energy consumption** Energy intensity indicators

Environmental

Greenhouse gases Air Pollutants Carbon footprints

Source: Dias, L. P. and Seixas, J. (2024) Net-Zero Carbon as a Cost-Effective Enabler of Water and Energy Self-Sufficiency. (Under review: Sustainable Cities and Society Available at

SSRN: https://ssrn.com/abstract=4971576 or http://dx.doi .ora/10.2139/ssrn.4971576

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Industry

- Agriculture
- Municipal Solid Waste
- Transport and mobility

duty vehicles, heavy duty vehicles, bus -

Residential

Subdivided in 11 Building typologies

Services

Health | Hotels | Restaurants | Education | Offices | Cultural | Retail | Sport | Other

Cultural | Education | Offices | Social

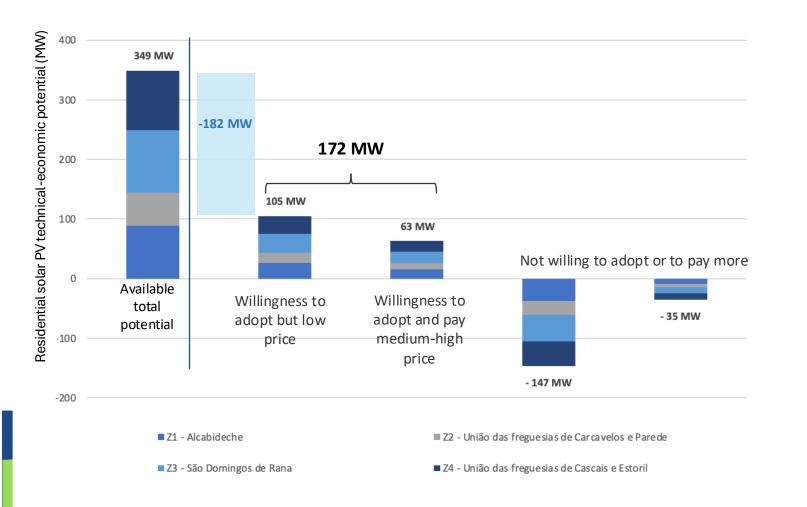
Public lighting

Modelling citizens Willingness to adopt vs Willingness to pay for renewable and local electricity production

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Survey results:

Around **60%** of local population are willing to purchase/acquire DRES-E In average, residents are prone to pay **12.4% more for DRES-E**



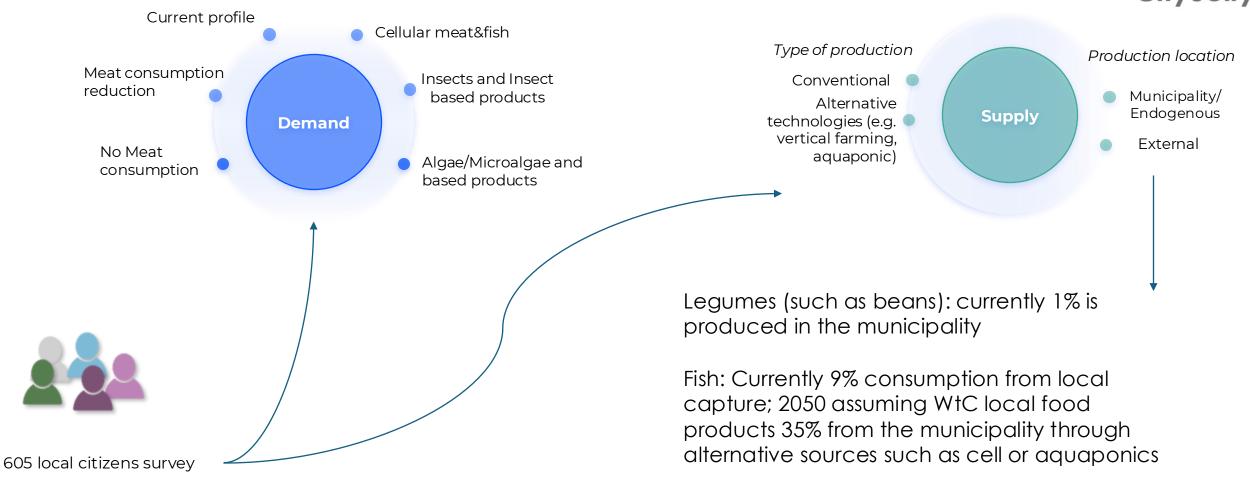
TIMES City_WE Run results

- Municipality electricity selfsufficiency potential: from around 80% to 43% due to Higher electricity import necessity;
- ➤ Higher GHG emissions: +3% in 2030;
- Higher external vulnerability for compliance of carbon neutrality objectives: dependence on GHG footprint of imported electricity
- Higher energy system cost of 6% due to electricity imports-> delay residential sector electrification in 2030;

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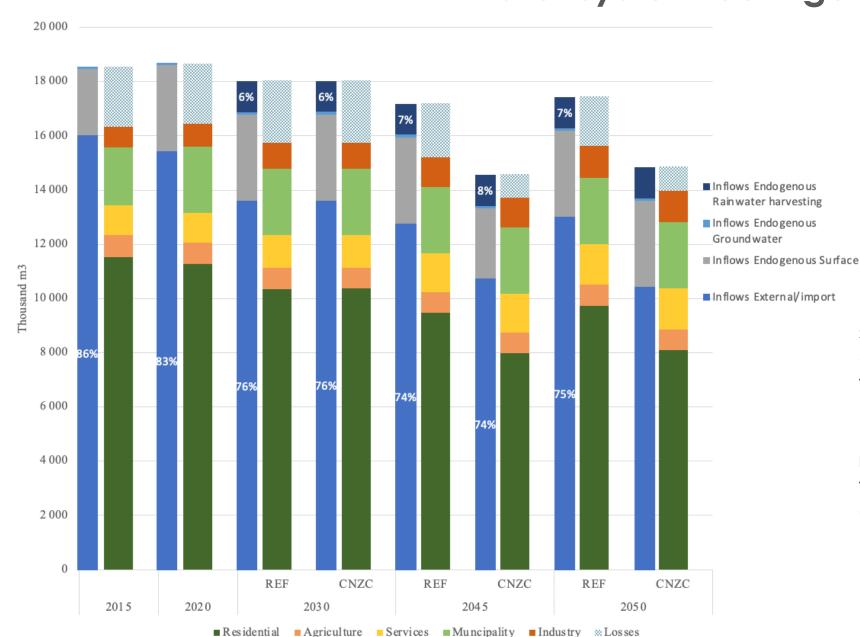
Food System Scenarios





Water system configuration





Rainwater harvesting became a significant water source, accounting up to 8% of total water inflows, despite being limited to non-potable uses in households, due to its ability to reduce energy consumption for water supply in comparison with other available options

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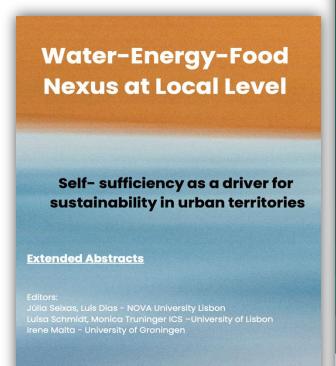
Insights

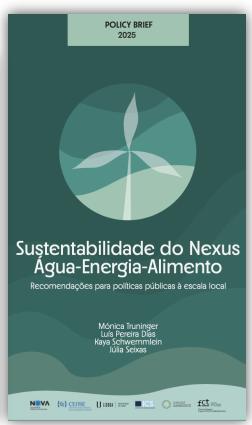
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City sustainable transitions face complex and interdependent challenges Integrated modelling provide benefits to reduce lock-ins and enhance synergies between water-energy and food systems.

Techno economic models tend to focus on technology and cost-efficacy transitions disregarding other **determinants such as consumer behaviour** and citizen socio-economic conditions that can hamper or limit the transition process.

Citizens surveys can offer important information/data to support modelling exogenous assumptions. Although it can be perceived as a soft model integration it provides robust representation of Citizens behaviour/preferences and socio-economic conditions that in turn can have high impact on various component of energy transition and benefit into inform local policy and decision-making





Thank you

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